



**TOWN OF GUILFORD**  
DEPARTMENT OF PARKS, RECREATION AND SENIORS  
32 CHURCH STREET  
GUILFORD, CONNECTICUT 06437  
SETTLED IN 1639

TELEPHONE: 203-453-8068  
FAX: 203-453-8456



The Guilford Parks and Recreation Department in collaboration with the Guilford Splash Pad Committee is pleased to announce ***Splash into Motion***. ***Splash into Motion*** is a challenge to individuals, families, and businesses to collectively walk, run, bike or even snow shoe as many miles as you can before March 1st. Guilford, can we move together and reach 5,000 miles in February?

***Splash into Motion*** is an innovative effort to both fundraise for the community's Splash Pad and encourage mood-boosting and health-improving exercise for residents. The Guilford Parks and Recreation along with the Splash Pad Committee are offering prizes to those who rack up the most miles in the month of February.

Due to Covid-19, the Splash Pad Committee had to put fundraising on pause. As we come into the new year we are very excited to kick fundraising back into motion. Splash Pads offer opportunities for children's sensory and mental growth to develop, as well as helping families come together and socialize. These municipal recreation spaces provide community enrichment and socialization for all demographics. Since this is such an important project we decided to tie in another significant aspect to the mission.

***Splash into Motion*** challenges the community to walk (preferably with snowshoes), run, hike or bike as many miles as they can Starting February 1<sup>st</sup> through February 28<sup>th</sup>. We want people in this community to be out, exercising, breathing fresh air and being social all in a responsible manner. The goal is encouraging healthy and safe competition, all in support of a great community project. Guilford has so many great unknown hiking trails and we want people to be taking advantage of that this winter.

Individuals, families, or business can sign up to participate. It costs \$25 for individuals, \$50 for a family up to six and \$100 for a business team up to ten. With your registration, you will receive a free *Splash into Motion* t-shirt provided by Zuse Inc. To sweeten the deal, exciting week to week local prizes from participating local Guilford businesses will be awarded. Like a raffle, you are automatically entered when you register. We will announce prizes each week to incentivize participants to keep moving. Participants will submit their total mileage each week for tracking. Everyone can help us fundraise for the Splash Pad, all you have to do is register for this healthy, safe and fun community challenge.

To register or learn more visit [www.guilfordparkrec.com](http://www.guilfordparkrec.com) or call 203-453-8068.