

SHORELINE INSTITUTE OF LIFELONG LEARNING



Elderhostel Institute Network Affiliate

FALL 2009 COURSE CATALOG

Telephone: (203) 453-8086 & (203) 245-5627

E-mail: sill8899@gmail.com

**Website: www.guilfordparkrec.com or
www.madisonct.org/Depot/depothome.htm**

**Sponsored by:
Guilford Parks, Recreation & Seniors
Madison Senior Services**

**Initiated by:
The Guilford Foundation
The Madison Foundation**

Welcome to the 2009-2010 academic year!

This semester marks the beginning of our second full year of operation. A great idea has become a successful reality: A special thanks to our members who attended classes, participated on our Committees, and offered helpful suggestions. Once again we offer an eclectic mix of classes presented by a diverse and dynamic group of experts.

***Important changes** have been made in response to your feedback. Please note that we have modified the payment structure. Membership is now \$25 for the three semesters of our September 1, 2009 - August 31, 2010 academic year. All classes are free (even multi-week classes) except as otherwise noted to cover added costs for meals, transportation, materials, entrance fees, etc. for a specific class.*

You may wonder what kind of operational costs we face considering that we are fortunate to have presenters volunteering their time, Guilford & Madison Senior Centers handling registration and both towns providing free meeting rooms. Our largest ongoing cost is for printing and distribution of our catalog. Other current or anticipated expenses include social get-togethers, advertising, equipment, materials, partial subsidizing of field trips. Grants from the The Guilford Foundation and The Madison Foundation provided start-up money. Now we are on our own.

***Another important change:** After this semester, only members will receive our catalog by mail. The catalog will no longer be enclosed in the Senior Center newsletters. Catalogs will continue to be available at*

the Guilford or Madison Senior Centers and Libraries while supplies last.

If you sign up for a class and find you cannot attend, please let us know as soon as you know you have a problem. We recognize that as time goes by you may find you have a scheduling conflict, a health problem or some other challenge that prevents you from attending a class after you have registered. However, if you don't let us know that you won't be attending, we end up with two unfortunate issues:

- 1) Members who are on the Wait List miss their opportunity to attend the class.*
- 2) We may not meet the minimum number of people requirement that some of our presenters expect. Our presenters generously offer their time at no compensation. Meeting their expectations is very important to us.*

A special note to individuals on the Wait List or who never registered: *You may wish to take a chance to arrive at the class and see if there is room for you. Seats will be filled in the following order:*

1) Registered, 2) Wait List, and 3) Walk-Ins.

We hope you believe in the potential of our Institute to not only be a member but also be an active contributor. Please call or write us if you would like to teach a course, suggest programs for future trimesters, or serve on our Steering Committee. We especially need volunteers who enjoy writing and using computers.

Steering Committee

Shoreline Institute of Lifelong Learning

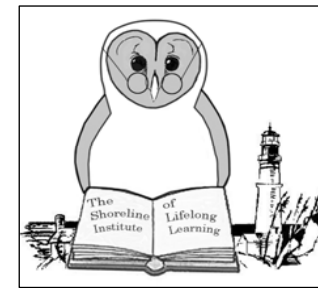
Steering/Curriculum Committee

Virginia Czaplicki
Kathy DeBurra
Jean Fischer
Constance Fusco
Julie Harris
William (Bo) Huhn
JoAnn Kautz
Janet Lindsley
Paul Mei
Patricia Melady
David Melillo

Lois Meyers
Wendy Oberg
John Petonito
Robert Raines
Dorothy Ricker
Paula Schiller
Onik Tahtakran
Lucille Thomas
Robert Trupin
Gregory Viscomi
Barbara Zekala

Please call or write us if you would like to teach a course, suggest programs for future trimesters, or serve on a committee.

Call (203)453-8086 or (203) 245-5627 if you are interested in volunteering.





Mission

Our primary mission is to offer meaningful intellectual programs to retired and semi-retired citizens of Guilford and Madison, who share a love of learning. However, membership is open to all adults who would enjoy a few hours of intellectual stimulation and socializing. Interested residents from other communities are also welcome.

Affiliated with the *Elderhostel Institute Network*, we offer daytime academic programs designed to suit varied interests. All instructors and team leaders are unpaid volunteers. Our objective is to offer college level classes without concern for credit, grades, or prerequisites. No previous level of high school or college education is required. All we require is your interest and enthusiasm.

Membership & Cost

You must be a member in order to sign up for multi-week classes or one-time presentations. Membership fee for this academic year ending August 31, 2010 is \$25. All classes are free for members unless otherwise noted.

Note: See the Senior Center Director (Guilford or Madison) for confidential financial assistance.

Registration

You may sign up by mail or in person at Guilford or Madison Senior Services. Class size is limited by instructor preference and room size. Classes are filled on a first-come/first-served basis. Register early to assure a seat. *If you sign up for a class and find you are unable to attend, please contact us ASAP so that others on the Wait List will have an opportunity.* No refunds unless your place is taken by someone on the Wait List.

Inclement Weather

In cases of inclement weather, please call 453-8086 or 245-5627 to check whether the class is being held as scheduled.



HIDDEN TREASURES ON CONNECTICUT'S HIKING TRAILS

Wednesday, 9/23

Cost: \$5.00 (includes lunch)

11:00 AM - 2:30 PM

Guilford Community Center

Program Number: 48240

Maximum: 45

More than trees can be found in Connecticut's woodlands. Sometimes even the rocks hold clues that reveal our Colonial past and its connection to deeper roots. This class is a virtual tour of some of the unique features that hikers will discover along Connecticut's 825-mile Blue-Blazed Hiking Trails. After a break for lunch, there will be a one mile walk on the *Guilford Salt Meadow Sanctuary* trail.

Presenter: Ann Colson is the Editor and Project Manager for the *Connecticut Walk Book*. She was formerly the Trail Conservation Coordinator and GIS Specialist for the Connecticut Forest & Park Association (CFPA). An avid hiker and environmental advocate, Ann serves on the Clinton Land Conservation Trust.

RETURN OF THE AMERICAN CHESTNUT TREE

Wednesday: 9/30

Cost: \$5.00 (includes lunch)

11:00 AM-2:00 PM

Guilford Community Center

Program Number: 48242

Maximum: 45

The American Chestnut tree was one of the most majestic, plentiful and commercially important trees in eastern United States until succumbing to a lethal fungus blight during the first half of the 20th century. This program will be a presentation on the story of the American Chestnut tree, break for lunch, and a field trip to a chestnut orchard started in Guilford in support of the American Chestnut Foundation's effort to develop a blight resistant tree. Recommended browsing prior to class: American Chestnut Foundation website www.acf.org; *Mighty Giants, An Anthology of the American Chestnut*.

Presenter: Jennifer Allcock is a Landscape Designer, member of Guilford's Conservation Commission, and Manager of the Chestnut Orchard in Nut Plains Park. She co-authored the town's first Natural Resource Inventory. Other projects include implementation of Timberlands Forest Management Plan and Phragmites Control.

Cost for each of the above classes: \$5.00 includes lunch which will be provided at noon at the Guilford Community Center.



POETRY UNTAMED

Thursdays, 9/24 -11/12 (8 weeks)

1:30 PM – 3:30 PM

Program Number: 48241

Madison Senior Depot

Minimum: 3 Maximum: 8

This class is a facilitated writing workshop in creative self-expression through poetry. Participants each week will have the opportunity to share recent work with the entire group for audience response, suggestions for changes and overall impressions. Discussions may include the poet's writing process, performance, scansion for metrical verse and multiple drafts. There is no required reading but a recommended book for reference is *Rules for the Dance: A Handbook for Writing and Reading Metrical Verse* by Mary Oliver (ISBN: 0-395-85086-X)

Local poetry events to enjoy:

Featured poets and open mic sponsored by Guilford Poets Guild at
The Greene Art Gallery, 29 Whitfield St., Guilford
second Thursday of the month at 7:00 pm (except Jan/Feb)

Time Out for Poetry readings at Scranton Library, Madison
third Thursday of the month at 12:30 pm

Word of Mouth poetry readings and open mic at the Young
Men's Institute Library at 847 Chapel St., New Haven
third Thursday of the month at 6:30 pm

Open mic poetry readings at RJ Julia's Booksellers, Madison
usually the third Friday of the month at 7:00 pm

Presenter: Francis E. Crowley is Professor of Humanities *Emeritus* at Gateway Community College. He earned a B.A. from Fairfield University, M.A. from Trinity College and Ph.D. from State University of New York at Buffalo. In 2008 he conducted research at the Poetry Center at the University of Arizona. His many community activities include serving on the Board of Directors of the Haitian Health Foundation since 1986. Francis is the author of *Time, Place and Person* and the editor of *Stories from the Other Side*.



**COUNTERFEIT AMATEURS:
AN ATHLETES JOURNEY THROUGH THE SIXTIES TO THE
AGE OF ACADEMIC CAPITALISM**

Friday, 10/2

10:00 AM -11:30 AM

Program Number: 48243

Guilford Community Center

Maximum: 45

This presentation will look at the past four decades of college sports from the vantage point of the presenter's experiences as a former Notre Dame football player, sports activist, and college professor. Emphasis will be on the evolution of college sports into a multi-billion dollar industry and the consequences for higher education.

Presenter: Allen Sack is Director of the Institute for Sport Management at the University of New Haven. He earned his B.A. in sociology from the University of Notre Dame where he played on Ara Parseghian's 1966 National Championship football team. He was drafted by the Los Angeles Rams. Allen earned his Ph.D. in sociology from Penn State in 1974 and later served as the Director of the federally-funded Center for Athletes Rights and Education, an organization co-sponsored by the National Football League Players Association and the National Conference of Black Lawyers. His most recent book is *Counterfeit Amateurs: An Athlete's Journey through the Sixties to the Age of Academic Capitalism*.





**THE GREAT ABRAHAMIC RELIGIONS:
JUDAISM, CHRISTIANITY, AND ISLAM**

Tuesday: 10/6, 10/20, 10/27

10:00 AM - 11:30 AM

Program Number: 48244

Guilford Community Center

Maximum: 30

Our three presenters will explore such issues or questions as: What would you most like to tell a diverse audience about your religious tradition? What are the most pressing inter-faith issues today? What is your tradition's message about war and peacemaking, prayer, miracle stories, life after death, sexual roles, the environment? How do you believe God works in the world? Of course, there is considerable variety within a religion on these and other issues.

**10/6 Session: One Jew's Way of Thinking about God,
the World, and Humanity**

Presenter: James Ponet serves as the Jewish Chaplain at Yale University and the head of the Joseph Slifka Center for Jewish Life at Yale. He is a graduate of Yale College and Hebrew Union College where he was ordained to the Rabbinate. From 1973-1981 he lived in Israel where he pursued doctoral studies in Medieval Jewish Philosophy at Hebrew University, taught at Shalom Harman Institute, and served in the artillery of the Israel Defense Forces.

10/20 Session: Islam and the World:

Present Situation, Future Directions

Presenter: Omer Bajwa is the Coordinator of Muslim life at Yale University. He was born in Pakistan and grew up in Binghamton, New York. After majoring in English Literature, he received a Masters in Communication and Near Eastern Studies from Cornell University where he felt called to the ministry. He is currently completing his graduate certificate in Islam Chaplaincy at Harford Seminary.

10/27 Session: Christianity: The God Who Came Among Us

Presenter: James Ehrman is the Executive Director of the World Christianity Initiative at Yale University. This initiative is dedicated to exploring the world's Christian movements and their encounter with the various religious and social landscapes in which they are found. A graduate of Yale Divinity School, Jim also serves as adjunct faculty at the Evangelical Theological Seminary in Myerstown, PA.



EXPLORING THE CELTIC SPIRIT

Wednesday, 10/7

10:00 AM – 11:30 AM

Program Number: 48245

Guilford Community Center

Maximum: 35

This class will explore the background of the Celtic people, their spirit, their contribution to civilization, and the characteristics of their spirituality that make them relevant to our lives today. The course will be interactive and will include a Power Point presentation.

Presenter: Mary Daly RSM, Ph.D. Mary Daly, a Sister of Mercy for over fifty-five years, resides at Mercy Center, a place for retreat and renewal in Madison, Connecticut. An artist and theologian, she is experienced in spiritual direction and retreat work. At the Center, she occasionally offers programs on creativity and on the spiritual life. Mary's background includes teaching on the elementary level, on the undergraduate and graduate college level as well as serving in leadership positions for the Sisters of Mercy. Mary holds a doctoral degree in Religious Studies from Marquette University.

EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT STEM CELL RESEARCH

Tuesday: 10/13

10:00AM – 11:30 AM

Program Number: 48246

Guilford Community Center

Maximum: 35

This class is an informational lecture on the different sources and uses of stem cells in medical research. The course objective is to allow participants to understand the science of stem cell research so that they may develop an informed opinion.

Presenter: E. Scott Swenson, M.D., Ph.D. is Assistant Professor of Internal Medicine at Yale University School of Medicine. He is investigating the role of stem and progenitor cells in the liver during normal development and in response to liver injury.

THE CIVIL WAR: FIRST OF THE MODERN WARS

Wednesday: 10/21

10:00 AM – 11:30 AM

Program Number: 48248

Guilford Community Center

Maximum: 60

Historians consider The American Civil War to be the first modern war. The technological advancements of the steam age and the industrial revolution called for sweeping changes in the logistics and tactics of the civil war battlefield. It was the first war with widespread use of mechanized and electrified devices like railroad trains, telegraph, photography, torpedoes, mines, ironclad ships and rifles. Firearms changed the tactics of infantrymen and cavalry forever. The strategies employed by the the Northern generals and their subordinates transformed the civil war theaters into truly modern war fronts.

Presenter: Charles Fischer has been a popular guest lecturer for SILL and other civic groups. A veteran of 36 years teaching at Daniel Hand High School, he received an AB in History from Bates College, was a UCONN COE fellow, pursued American Studies at Yale University and received a CAS in history from Wesleyan University.





THE FANTASTICKS REVEALED

Friday: 10/23, Monday: 10/26 Cost: \$20.00
1:30 PM – 2:30 PM Guilford Community Center
Saturday: 10/24--2:00 PM Matinee Long Wharf Theatre, NH
Program Number: 48249 Maximum: 20

Explore the magic behind *The Fantasticks!* Prior to attending Long Wharf Theatre's innovative revival, students will attend a workshop centered on the history of this deceptively innocent and simple production. Group discussion and exploration of the themes, characters, music and language will take place as we investigate the staying power behind the world's longest running musical. Students will then attend a matinee performance and see the twist Long Wharf Theatre spins on this classic. The following Monday, the class will have a unique opportunity to engage in conversation with Long Wharf Theatre staff exploring the commonalities and differences between the approaches to the themes in the production they saw performed and the intent of the original production.

Presenter: Annie DiMartino is a working actress as well as the Director of Education at Long Wharf Theatre where she is in charge of all educational programming and oversees the Next Stage Resident/Intern Program. Annie received her Masters of Fine Arts degree from California State University, Fullerton. She has performed many roles in and around Los Angeles and Orange County as well as toured nationally. Roles have included: Hanna Jarvis (*Arcadia*), Frida Kahlo Rivera (*Rocky and Diego*), Agnes (*A Bright Room Called Day*), Dorothy Wordsworth (*Gasmere*). As a private acting instructor, she has students who have landed roles on Broadway as well as in film and television.

Cost: \$20.00 includes transportation and tickets to Saturday, October 24th matinee performance. Van will leave from Guilford Community Center at 1:00 PM.





AGING AND THE MARVELOUS HUMAN BRAIN

Wednesdays: 10/28, 11/4
10:30 AM – 11:30 AM Memorial Town Hall, Madison
Program Number: 48250

10/28 Session: Memory Loss: When it Matters and When It Doesn't

How many times have you forgotten where you put your car keys or for that matter where you parked the car? How many times have you searched for the right word or name and failed to find it as quickly as you once did? This class will help you to identify when it may be necessary to delve further into the significance of such events and when you may be able to reassure yourself and stop needless worrying.

Presenter: Gerard Kerins, M.D is the section chief of geriatrics at the Hospital of St. Raphael. He holds faculty positions at both Yale University School of Medicine and UConn School of Medicine. His clinical areas of interest and research include Alzheimer's care and the care of older adults with developmental disabilities.

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11/4 Session: Abstract Thinking: An Innovative Way to Boost Your Memory

This class is an interactive lecture where the parts of the brain will be simply reviewed and information will be presented on how every day activities can be enhanced to keep the mind alert. Various parts of the brain will be targeted in a fun and creative way to improve abstract thinking. Participants will be provided with a booklet of handouts that outline logic, sequencing, retrieval, perception and reasoning. As a group, participants will be given the opportunity to use reminiscing skills and memory enhancing exercises and have a few laughs in the process!

Presenter: Emily Lauder is Director of Therapeutic Recreation at Seabury Meadows in Bloomfield. She has been specializing in memory care and therapeutic applications in the health care industry for eight years. Emily holds an advanced certificate in Long Term Care Management and Recreation Therapy as well as a B.S. in Recreation Therapy and Health Care Administration. She was a board selected speaker for the CT Alzheimer Association's Educational Conference, speaking on *Abstract Thinking and Reminiscence*.



HARRIET BEECHER STOWE & MARK TWAIN EFFECTING SOCIAL CHANGE

Wednesday: 11/18

9:30 A - 5:00 PM

Program Number: 48251

Cost: \$25.00

Twain & Stowe Houses, Hartford

Maximum: 20

Famous Hartford neighbors were two of the most dynamic voices of 19th century America. Harriet Beecher Stowe (1811-1896) published *Uncle Tom's Cabin*, which helped galvanize the abolitionist cause and contributed to the outbreak of the Civil War. In addition to novels, poetry and essays, Stowe wrote non-fiction books on a wide range of subjects including homemaking, the raising of children, and religion. Samuel Langhorne Clemens [Mark Twain] (1835-1910) published more than 30 books, hundreds of short stories and essays and gave lecture tours around the world. Twain became known as the quintessential American author critiquing social morals, politics and human nature with humor and satire.

In addition to guided tours of both homes, there will be a presentation ***Stowe and Twain Effecting Social Change: The Legacy of Uncle Tom's Cabin & Huckleberry Finn*** addressing the historical context of these two authors' most celebrated and controversial books.

Presenters: Sonya Green is the Program Coordinator in the Education Department at the Harriet Beecher Stowe Center. She is a graduate of Trinity College and has worked in fields of ministry and in both public and independent schools.

Craig Hotchkiss is the Education Program Manager at the Mark Twain House & Museum. He taught history at South Windsor High School (CT) for 33 years. He holds a BA in American History from Bates College and masters degrees from University of Connecticut and Trinity College.

Transportation & Lunch: Van will depart from Guilford Community Center at 9:30 AM and return at approximately 5:00 PM. A box lunch will be provided in the Mark Twain Cafe.

Cost \$25.00 includes transportation, entrance fees, and lunch.

SCULPTURE—EXPLORE THE CREATIVITY WITHIN YOU

Thursday: 11/19

1:30 PM – 3:30 PM

Program Number: 48252

Madison Senior Depot

Minimum: 6 Maximum: 20

Learn something about sculpture techniques and style and then have fun while creating your own sculpture or relief in clay. Enjoy the process and who knows: You might develop an interesting hobby or learn things about yourself that you did not know!

Presenter: Robert Trupin has been sculpting for 20 years. He was the student of world famous sculptor Stanley Bleifeld and master teacher Peter Rubino. He has been teaching for ten years at various places including Summer programs at Yale, Brown, and Wellesley and on the Shoreline. Bob's sculpture of Bill Russell has been displayed at the Basketball Hall of Fame.



Please be considerate: CALL IF YOU CANNOT ATTEND so that someone on the Wait List can take your place.

2009 FALL CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9/23 11:00a CT Hiking Trails- GCC	9/24 1:30p Poetry Untamed- MSD	
		9/30 11:00a American Chestnut-GCC	10/1 1:30p Poetry Untamed- MSD	10/2 10:00a Counterfeit Amateurs- GCC
	10/6 10:00a Abrahamic Religions: Judaism-GCC	10/7 10:00a Celtic Spirit- GCC	10/8 1:30p Poetry Untamed- MSD	
	10/13 10:00a Stem Cell Research-GCC	10/14 10:30a Smallpox in Guilford-GCC	10/15 1:30p Poetry Untamed- MSD	.
	10/20 10:00a Abrahamic Religions: Islam-GCC	10/21 10:00a Civil War: First Modern War- GCC	10/22 1:30p Poetry Untamed- MSD	10/23 1:30p Fantasticks- GCC ----- Sat. 10/24 1:00 Van leaves GCC to Long Wharf
10/26 1:30p Fantasticks- GCC	10/27 10:00a Abrahamic Religions: Christianity-GCC	10/28 10:30 a Marvelous Brain & Memory- MMTH	10/29 1:30p Poetry Untamed- MSD	
		11/4 10:00a Marvelous Brain & Memory- MMTH	11/5 1:30p Poetry Untamed- MSD	
			11/12 1:30p Poetry Untamed- MSD	
		11/18 M. Twain & H. B. Stowe tour: Depart GCC at 9:30a	11/19 1:30p Sculpture-MSD	

GCC: Guilford Community Center, 32 Church Street, Guilford

MMTH: Memorial Town Hall on the corner of Madison Green



CLASS LOCATIONS

Guilford

Guilford Community Center
32 Church Street
Guilford, CT 06437

Telephone: (203) 453-8086

Madison

Madison Senior Services
9 Old Route 79 Depot
Madison, CT 06443

Telephone: (203) 245-5627

Memorial Town Hall (on Madison green)
8 Meetinghouse Lane, Madison Telephone:(203) 245-5627

Note: Parking is a challenge at all locations.

Guilford: Look for additional parking around the Green or in the large parking lot behind St. George's Church

Madison Senior Depot: Look for additional parking at the building directly across the small street

Memorial Town Hall (Madison): Park around the town green or in the parking lot of First Congregational Church

REGISTRATION INFORMATION

You may register by mail or in person at Guilford or Madison Senior Services at the above addresses.

Please make all checks payable to *Guilford Parks, Recreation & Seniors* even if you are sending your registration to Madison or taking a course that is located in Madison.



REGISTRATION FORM: FALL 2009

Name _____ Phone _____

Address _____ Email _____

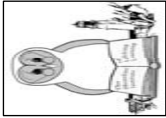
Course Selection (Check your Choices)	Program Number	Cost (Circle)
<input type="checkbox"/> Hidden Treasures on Connecticut's Hiking Trails	48240	\$5.00
<input type="checkbox"/> Poetry Untamed	48241	-0-
<input type="checkbox"/> Return of the American Chestnut Tree	48242	-\$5.00
<input type="checkbox"/> Counterfeit Amateurs	48243	-0-
<input type="checkbox"/> Abrahamic Religions: Judaism, Christianity, Islam	48244	-0-
<input type="checkbox"/> Exploring the Celtic Spirit	48245	-0-
<input type="checkbox"/> Stem Cell Research	48246	-0-
<input type="checkbox"/> Smallpox in Colonial Guilford	48247	\$5.00
<input type="checkbox"/> The Civil War: First of the Modern Wars	48248	-0-
<input type="checkbox"/> The Fantasticks Revealed	48249	\$20.00
<input type="checkbox"/> Aging and the Marvelous Human Brain	48250	-0-
<input type="checkbox"/> Harriet Beecher Stowe & Mark Twain	48251	\$25.00
<input type="checkbox"/> Sculpture: Explore the Creativity Within You	48252	-0-
<input type="checkbox"/> MEMBERSHIP: September 1, 2009 – August 31, 2010		\$25.00
Total Fee Due		

**All checks payable to: Guilford Parks, Recreation & Seniors
32 Church Street
Guilford, CT 06437**

I agree to hold the Guilford Parks, Recreation & Seniors Commission and the Madison Senior Services Commission and any person connected therewith and the Towns of Guilford or Madison, their employees, and those associated with *SILL* programs, harmless from any and all claims for bodily injury, negligence and property damage arising from the use of facilities or Town equipment during the course of *SILL* sponsored activity.

Signature _____ Date _____

Please be considerate: CALL IF YOU CANNOT ATTEND so that someone on the Wait List can take your place.



Shoreline Institute of Lifelong Learning
Guilford Parks, Recreation, & Seniors
32 Church Street
Guilford. CT 06437

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